

THE FOURTH DAY FLYER



*“Today in the town of David a Savior has been born to you;
he is Christ the Lord”*

Luke 2:11

Christmas Edition #99

December 2008

*The Diocese of Central Newfoundland
34 Fraser Road
Gander, N.L., A1V2E8*

.the editor writes.....

This has been a very busy fall season with many activities and many things to try to accomplish before Christmas so I decided that I would prepare by reading a book. The book I chose is :
“Preparing My Heart for Advent” a Spiritual Pilgrimage for the Christmas Season by Ann Marie Stewart. As I daily read the scripture pertaining to the birth of Jesus beginning on November 1st. waiting for Jesus—400 years of Advent(the 400 years between the end of Malachi in the Old Testament and the beginning of Matthew). I feel that I now have a new understanding of what Christmas preparation should be and also what gift giving should and should not be.
Over 2000 yrs. ago , we received one unforgettable gift. However, we’re not always thankful for the gift, and many don’t even bother to accept it. We clutter up that gift with worthless trinkets and decorative knick-knacks. Some accept the gift but fail to unwrap all of the privileges that go with it. No matter what you receive this Christmas consider accepting the eternal present, wrapped in swaddling clothes and sacrificial love. And remember to thank the One who gave you this priceless gift. From our house to yours Gordon & I wish all a Holy Christmas and all the blessings God has for you in the year ahead.

Ann



Lay director writes.....

We are into a new church year, and the Christmas season with manger scene, decorated trees, snow lightly falling, Purity syrup, fruit cake and stockings hung by the fireplace is quickly approaching. Children wait for Christmas morning with excitement in their hearts.

We Christians, also, are like children with excitement in our hearts as we remember the birth of Christ. A time when God came to live among us and lives in us still through His Holy Spirit. So in this new year of our church let us remember Jesus is with us in our troubles, in our busyness, and in our up and down times. The awareness of His Presence in our lives is all we need to be able to handle problems we may have.

God promised that He would be always with us. Jesus died on the cross for our redemption, and so, in this new year and throughout the Christmas season let us celebrate the birth of Jesus, our Redeemer, as the true gift that God meant it to be.

A wonderful gift to share any time is the love of Christ. We are reminded and encouraged to share that gift, not only with those who have, but especially with those who have not.

May God's love and light shine in your hearts and give you peace, joy and hope.

Josephine joins me in wishing everyone a blessed and meaningful Christmas!

Hedley



the bishop writes.....

Dear Friends,

This has been a life changing year for me, in meeting people from around the world, people whose standard of living, whose life expectancy, is so much lower than my own. So much of our Christmas pleasure is derived from what we can put under the tree for our children or grand children but Christmas day for most of the world will be just like any other, a struggle to survive.

It is not that we should feel guilty to have so much, but we need to remember that, to whom much is given, much is expected. Until we can derive pleasure from being generous to strangers, generous to those whom we do not know, we have not truly learned what it is to be generous, as God calls us to generosity.

The thing which impressed me the most in the people I met, who share stories of caring for HIV infected children, who tell stories of war and rape and poverty was their joy. At Lambeth I did not meet a single helpless or hopeless person. Every person I met from the Sudan, from Tanzania, from South America, from the Philippines was filled with faith and hope and joy.

In this season of faith, hope and joy, this season of incarnation, my prayer for you is that you seize the peace that passes understanding, which is God's offering to you. The faith, hope and joy of God is not to be found in the things under your tree but in your heart and in the relationships which are fostered by God's love and nurtured by generosity.

May you enjoy a truly Blessed Christmas

+David



...the spiritual director writes

“she brought forth her firstborn Son, and wrapped Him in swaddling cloths, and laid Him in a manger, because there was no room for them in the inn”(Luke 2:7)

The shepherds were watching over the flock when an angel of the Lord came before them with ‘tidings of great joy’ for all people; “there is born to you this day in the city of David a Savior; who is Christ the Lord”(2:11)

“And suddenly there was with the angel a multitude of the heavenly host praising God and saying: “Glory to God in the highest, And on earth peace, goodwill toward men!””(2:13-14)

Dear Friends:

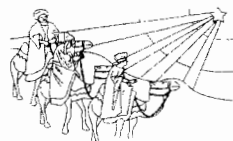
It is my hope and prayer that you know the ‘great joy’ of Christ in your life this Christmas season, and in the year to come. The challenge that faces us is to continue on, under the guidance of the Holy Spirit, in Christ’s mission to bring peace and goodwill to our world, to our neighbors, to all who God places in our path. This is the challenge of being friends, making friends, and bringing friends to Christ: that brings glory to God in the highest.

The first to receive the good news “came with haste and found Mary and Joseph, and the Babe lying in a manger.” (2:16) and when they had seen for themselves they made “widely known” the news: “and returned, glorifying and praising God for all the things that they had heard and seen, as it was told to them” (2:20)

Share the experience of Christ in your life; bring the peace and goodwill of Christmas to others, and just as the shepherds did on that first Christmas, know the joy of spreading the good news.

It’s hard to believe I am sitting here, just days before Advent, preparing my first message as a spiritual director. When I was asked to prayerfully consider taking on this role I was both honored to be considered and humbled by the request. Involvement in Cursillo has been a significant part of my Christian journey and I pray that the Lord will continue use me in this new role to assist others as we journey together guided by the Spirit, growing in Christ. Let me take this opportunity to wish all of you a very Blessed Christmas and a joyous new year.

Yours in Christ ... Rev. Tim



THE MINISTRY OF SPIRITUAL DIRECTION

During the last two years Bishop David has been fostering a Spiritual Director's Training Program for our Diocese. Seven people have been involved in this program of exploring and learning the practice of Spiritual Direction and Spiritual Companionship. Their call to this ministry has been affirmed by the group and by their individual Spiritual Directors.

We define Christian Spiritual Direction as help given by one Christian to another which enables that person to pay attention to what God is personally communicating to him or her. We practice different types of prayer and learn to listen deeply so that we may be more readily able to respond to God in intimacy and prayer.

The focus of our Spiritual Direction is to explore and reflect on the ongoing personal relationship God is establishing with each one of us through our personal prayer life, bible reading and peer group sharing.

Glenys Holwell, Hedley Johnson, Ruby Lockhart, Ann Shears and three of our Diocesan clergy continue to meet monthly to pray, share with each other and refine our skills as Spiritual Directors. These persons, and I, each have a personal Spiritual Director and have each, at least, one person whom we are mentoring. If you feel that God is calling you to find someone to accompany you on your Spiritual Journey, someone to help you develop or deepen your prayer life, one of us may be able to accommodate you.

The very nature of the ministry of clergy leaves them with little time to meet the long term demands for one on one direction, so they cannot offer themselves to take on more at this time. It has been a great privilege to have them share the training for this ministry with us. They are much involved in Pastoral Care, and though the two ministries are quite different they share much in common in terms of openness to the Spirit; holy listening; and seeing what God is doing in each situation as it presents itself; listening for the leading of the Holy Spirit .

~Emma



Welcome to Babe Chicks Oct. 2008 , Weekend

Glen Templeton
Debbie Ford
Jeremy Hart
Christine Bartlett
Doreen Rogers
Evelyn Fowlow
Frances Fowlow
Violet Chappell
Peggy Davis
Moreen Rowsell
Elsie Monks

Bonavista
Bonavisata
Catalina
Gander
Twillingate
Port Rexton
Port Rexton
Virgin Arm
Badgers Quay
JLeading Ticksles
Kings Cove



Christ for Me

The PRESENCE of Christ
Is the JOY of my life.
The SERVICE of Christ
Is the BUSINESS of my life.
The WILL of Christ
Is the LAW of my life.
The GLORY of Christ
Is the CROWN of my life.

Jesus is Better than Santa

Santa lives at the North Pole.
JESUS is everywhere.

Santa rides in a sleigh
JESUS rides on the wind and walks on the water.

Santa comes but once a year
JESUS is an ever present help.

Santa fills your stockings with goodies
JESUS supplies all your needs.

Santa comes down your chimney uninvited
JESUS stands at your door and knocks.. and then enters your heart.

You have to stand in line to see Santa
JESUS is as close as the mention of His name.

Santa lets you sit on his lap
JESUS lets you rest in His arms.

Santa doesn't know your name, all he can say is "Hi little boy or girl, What's your name?"
JESUS knew our name before we did .not only does He know our name, He knows our address too. He knows our history and future and He even knows how many hairs are on our heads.

Santa has a belly like a bowl full of jelly
JESUS has a heart full of love.

All Santa can offer is HO HO HO
JESUS offers health, help and hope.

Santa says "You better not cry"
JESUS says "Cast all your cares on me for I care for you.

Santa's little helpers make toys
JESUS makes new life, mends wounded hearts, repairs broken homes and builds mansions.

Santa may make you chuckle but
JESUS gives you joy that is your strength.

While Santa puts gifts under your tree
JESUS became our gift and died on the tree.

It's obvious there is really no comparison.
We need to remember WHO Christmas is all about.
We need to put Christ back in Christmas.
Jesus is still the reason for the season.

Yes. Jesus is better, he is even better than Santa Claus!



PRAYER REQUESTS

James 5:16 (.. and pray for one another, that you may be healed.
The prayer of the righteous is powerful and effective).

We ask that you please remember the following in your prayers:

Those going through illness

Molly Collett	Herman Hancock	Max Skiffington
Junior Burry	Elizabeth MacDonald	Margaret England
Audrey Kendell	Maxine Fry	Mary Andrews
Dean Roberts	Gertie Budden	Betty Simmonds

Those having lost loved ones

Greg Hatt	Brother-in-Law	Rev. Chuck Lockhart	Father
Miriam Gover	Brother	Annie Lawrence	Brother
Minnie Janes	Sister-in Law	Art Butt	Mother
Phyllis Butt	Mother-in-Law	Meriam Penney	Sister
Sandra Roberts	Father-in-Law	Wilf Brushett	Brother
Jean Eastman	Brother-in-Law	Mildred Brown	Brother
Charlie Hunt	Father-in-Law	Rowena Humphries	Sister
Barbara Hicks	Husband	Ruth Hunt	Father
Bonnie Taylor	Father-in-law	Theora Matchim	Husband

Cursillista's gone to their 5th day:

Hazel Miller	Pleaman Matchim	Jack Sheppard
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Carolyn (White) Perrier started Church Army studies in September.
Please pray for her. As well - for those who would like to get in
touch - her address: **Taylor College of Mission and Evangelism**

105 Mountain Drive

St. John, NB

E2J 5B5

If any Cursillista would like to request prayers for
themselves or on behalf of a loved one, please get in
touch with the Contact Person in your parish, or contact
Beryl at :

256-4785 ; e-mail berylboland@nf.sympatico.ca



November Ultreya

It was a miserable, rainy day on the outside but the weather didn't dampen the spirits of the hundred or so Cursillistas and friends who gathered at Holy Trinity Church, Grand Falls for the Parish Ultreya.

The day began as we gathered in the church hall where we enjoyed coffee and muffins amidst much excitement as we greeted each other and shared the events in our lives since we last met.

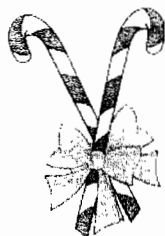
We were honored to have with us The Right Rev. David Torrville, Bishop for Central NL Diocese, as well as The Right Rev. Phillip Wright, Bishop for the Diocese of Belize.

At eleven o'clock we moved to Holy Trinity Church to participate in the Holy Eucharist with Bishop David officiating. Rev. Randy Lockyer, Rector of the Parish of Grand Fall extended a very warm welcome to everyone present.

Our music team John Barnes, Beryl Boland and Carolyn Fowlow led us in uplifting songs and praise. The proclamation of the Word was read by Rev. Paul Thoms, Sr., Ethel Bennett and Frank Hounsell. Bishop Wright brought greetings from the Diocese of Belize and expressed his delight in the opportunity to visit our province despite the weather conditions, which is remarkably colder than where he came from. He then gave a very interesting and informative talk about Belize.

A highlight of the service was the signing of a Covenant by Bishop Torrville and Bishop Wright. This Covenant is an agreement of partnership between the Diocese of Central Newfoundland and the Diocese of Belize.

Following the service we returned to the the church hall, where a delicious lunch of soup, sandwiches and desserts was served, co-hosted by the cursillistas of Holy Trinity and St. Alban's Parish, Grand Falls-Windsor.



Our afternoon session was led by Hedley Johnson, our lay director. Hedley welcomed all Cursillistas and said he was overjoyed by the number who had come here on this miserable, wet day. Visitors were introduced and given a hearty welcome. Another round of singing and then we divided into ten groups for our group reunion. Our witness speaker was Diane Kelly from Grand Falls. Diane shared a very heartwarming story of her journey through some very difficult times. She spoke about how her faith and perseverance had kept her going during her husband's illness and death. A very touching story and a true witness to how God is present in our lives today and is reaching out to comfort and protect us if we are willing to accept Him and put our trust in Him.

A number of people responded to Diane's talk and said what a remarkable lady she is and how she has touched the lives of so many people through the way she lives her life and through her gifts of visiting and giving.

Rev. Tim Graham, our Spiritual Director also responded to Diane's talk and quoted a number of scripture passages applicable to her witness talk.

Our music team, once again, provided us with music and inspirational songs and choruses as we prepared to return to our homes after a very spiritual and uplifting day.

De Co Colores!

Ida



Web Sites

National - www.anglicancursillo.com

Easter NL & Labrador – www.anglicansynodeasternnl.ca

Central Newfoundland – www.cursilloaden.org

Nova Scotia/P.E.I. – www.nspeiclursillo.chebucto.org

Fredericton – www.nbanglicancursillo.com

Niagara – www.niagaracursillo.org

Ottawa – www.oacm.ca

Toronto – www.toronto.anglican.ca

Saskatoon – www.saskatoon.anglican.org
(then click on the Cursillo link)

Edmonton – www.edmontoncursillo.ca

Calgary – www.cursillo.ab.ca

British Columbia – <http://members.shaw.ca/cursillo>



Upcoming Events

Dec. 6,2008	Sat. 11:00 a.m.	Ultreya	Lewisport St. Paul's
Jan.16 & 17th. 2009	Fri. 07:00 p.m. Sat. 08:30 a.m	Revista Revista	Gander (St. Martin's)
Feb. 21	Sat. 11:00 a.m.	Ultreya	Botwood (St. James)
March 21	Sat. 11:00 a.m	Ultreya	Badgers Quay
April 18	Sat. 11:00 a.m.	Ultreya	Cannings Cove

GIVE THE FOLLOWING GIFTS

To your enemy . . . forgiveness,
To your opponent . . . tolerance.
To a friend . . . your heart.
To a customer . . . service.
To all men . . . charity.
To every child . . . a good example
To yourself . . . respect

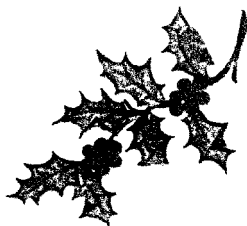
Quotes

What are we to make of
Jesus Christ? . . .
The real question is not what
we are to make of Christ,
but what is He to make of us?
C.S.Lewis

PEACE IS . . .

gazing at the stars with the knowledge
that you know their Creator.
closing your eyes in sleep without fear
of tomorrow.
the stillness in your heart when trouble swirls
around you.
a quiet mind in a raging world.

- unknown



Annual Meeting 2008

The annual meeting of the Anglican Central Diocese Cursillo movement took place in Clarendville on Sept. 20, 2008.

At this meeting the Rev. Tim Graham Rector of Grand Bank Parish was appointed as the Spiritual Director of the movement. Rev. Tim replaces Rev. Perry Cooper who's three year term as Spiritual Director had concluded.

We were sad to see Rev. Perry finish but we welcome Rev. Tim into our midst and we are sure he is going to be an inspiration in leading us in the upcoming week-ends.

The Secretariat extends a warm welcome to Rev. Tim and as well to Sylvia Moss who was nominated and accepted the Chair of the Post Cursillo, replacing Ruby Lockhart who's term had concluded. These were the only two positions that were vacant due to terms ending.

A sincere wish for 2009 to all who serve on the Secretariat and Servant Community as we go forward with the Aggiornamento weekend in May and the Revista Jan 16-17 at St. Martin's Hall Gander as well as the monthly Ultreya's. Hope everyone will make an effort to attend the upcoming events.

Anyone who would like to submit an article for the flyer please forward to me by March 3, 2009 for the next issue which will be the 100th. coy of the Fourth Day Flyer. Let's make it the best.

Thanks to all who have contributed to the issues this past year.

God Bless
Ann



Upcoming Cursillo Events

Revista: January 16 -17, 2009

St. Martins Hall, Gander - Starts 7 p.m. on Friday

Theme: The Authority of the Scriptures

Speaker: Rev. John Gillam

Billeting: Please contact John & Beryl Barnes at **256- 8184**

Aggiornamento: May 29 - 31 at Mint Brook Conference Center

The following is re-printed from # 94 edition of the Fourth Day Flyer

The Cursillo Secretariat in Central Newfoundland is inviting cursillistas to attend a two-day weekend which is called an Aggiornamento. In the middle of this long word is the Italian word for day, "Giorna" Aggiornamento thus means to "bring up to date."

The word was made popular by Pope John XXIII who wanted the whole Roman Catholic church brought up to day at the Vatican II Council. The two day weekend was developed by the french Speaking Cursillo movement in twenty Roman Catholic dioceses in Eastern Canada, which has 77, 00 Cursillistas.

The Theme of the two day weekend is "Rivers of Living Water." There are the words of Jesus in the Gospel of John, Chapter 7, in which He refers to "the spirit which believers in him were to receive." Our prayer is that all in attendance will be renewed by the power of the Holy spirit. Bishop Eddie and Emmie have agreed to oversee the event.

The Aggiornamento differs from the Authentic Cursillo Weekend. It is shorter and more emphasis is given to personal prayer and meditation. There is no palanca and no Closures. There will be lots of worship and prayer centered fellowship. Above all we anticipate that we will be aware of the Presence of the Lord and that He will renew us by his transforming love.

This will be our second such weekend for our Diocesan Cursillo. It is important that all Cursillistas begin earnest daily prayer that the Lord will be glorified and His people blessed in this event.

Submitted by Norm Purchase

Post Cursillo Committee



Origins of the Candy Cane

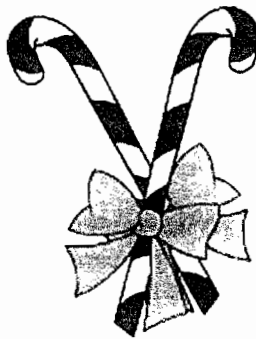


One of the most recognizable tokens of the winter holidays is the Candy Cane. No longer limited to the standard red and white striped variety, today the candy cane comes in a wide assortment of flavors, sizes and colors, one sure to match any decorating theme imaginable. -

This treat was created by a devout Christian American confectioner. The 'J' shaped candy stood for Jesus. The white base symbolized the virgin birth and the bright red infinite twining stripe represented the blood shed on the cross. No doubt he chose the cool taste of peppermint to echo the crisp winter air.

It only follows that the candy cane was first employed by churches, which gave them out as rewards to children who behaved themselves during services.

Regardless of his intentions, and creative symbolism, the candy cane finds itself an attractive bauble to dangle from the boughs of Christmas trees or tucked into the top of a Christmas stocking. Smaller versions work wonders to quiet impatient children waiting in long lines at the mall to whisper their heart's desire into St. Nicholas' ear.



The Lord's Light Within

Lord we reflect with thankful hearts
On the wonder of your birth
The love you expressed when you left
Your glory to come to earth

For your life was like a beacon, Lord
Shining brightly in the night
Filling the world with the radiance of
The Father's glorious light

And we, too, long to have inside
Your light for others to see
The beautiful reflection of your grace
And the wonder of your majesty

For as your life indwells our hearts
We can shine wherever we are
And arise to take hold of each new day
With your light ablaze in our hearts

So rekindle the flame within us Lord
So it will not flicker nor dim
Ignite us with the light of your love
So you will shine brightly within

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Cursillo Weekend Oct. 16-19, 2008

These are some of the comments from the Cursillo weekend from our newest **babe chicks**.

St. Hilda's Table

1. Uplifting, spiritual and very joyful.
2. So amazing it will never be forgotten.
3. I came into the weekend with no expectations and I am leaving with more than I could ever ask or imagine- My life journey is going to be exciting and joyful.

St. Mary's Table

1. We have seen the face of Christ in each person here this weekend.
2. Our faith has deepened in Jesus Christ and our bond with Jesus is stronger than ever. We surrender all.
3. This weekend has been very spiritual. It was very moving. Our walk with Jesus has become stronger.

St. Clare's Table

1. The most wonderful weekend I have every experienced.
2. It was so spiritual and loving.
3. It was a time to spend in laughter and tears. Tears of joy.
4. The Holy Spirit was ever near .His presence was felt everywhere.

St. Margaret's Table

1. There is so much about this weekend that “ lifted my spirit up on high” including the beautiful, colorful fall surroundings of Mint Brook.
2. It was a very emotional weekend.
3. I Feel it is the start of a healing process that will help me deal with the very sad tragedy with the loss of my whole family. Thank you God

